

CNS-Advanced Mental Health Certification Course

THE NEURO SPECIALIST INSTITUTE

Register Online: www.neurospecialist.org/advanced



COURSE DESCRIPTION

The CNS-Advanced® Mental Health Certification Course is an 8-hour continuing education (CE) course for healthcare professionals. It is an advanced-level course for those who have obtained the designation Certified Neuro Specialist or CNS.

The course covers evidence-based approaches to mental health within neurorehabilitation. Participants will learn to recognize common mental health conditions, understand their impact on participation and recovery, and apply trauma-informed, interdisciplinary strategies to support engagement, safety, caregiver education, and referral to appropriate resources.

LEARNING OBJECTIVES

At the end of this course, participants will be able to:

- Critically analyze common mental health disorders encountered in neurorehabilitation settings, including their clinical presentation, comorbidities, and implications for care planning.
- Analyze the impact of mental health conditions on occupational performance, participation in meaningful occupations, rehabilitation engagement, and neurorehabilitation outcomes.
- Integrate evidence-based intervention strategies to optimize engagement, safety, and functional recovery for individuals with mental health concerns during neurorehabilitation.
- Design caregiver education programs that enhance recognition of mental health concerns, promote meaningful participation in care, and facilitate effective access to community and clinical mental health resources.
- Apply principles of interdisciplinary collaboration in neurorehabilitation, including determining appropriate timing, pathways, and rationale for referral to specialized mental health services.

PROGRAM CONTENT

Participants will engage in a variety of critical thinking and clinical reasoning modules, that include:

- Recognizing trauma-informed principles, common barriers to care, and the influence of family and social systems on mental health outcomes.
- Utilizing screening tools, assessments, and clinical reasoning to inform evidence-based intervention strategies.
- Applying practical approaches including pharmacologic considerations, complementary therapies, community resources, and case-based learning to support comprehensive mental health care.



REGISTRATION

Register online at www.neurospecialist.org/advanced
For participant security, payment by cash/check is **not** accepted.

Course Fee: \$79.00

CERTIFICATION REQUIREMENTS

- Successful completion of all modules and the Certification Exam is required to earn continuing education units (CEUs) and the certification, "CNS-Advanced Mental Health."
- Participants must receive a passing score of 80% to obtain the CNS designation and earn continuing education credits.
- Participants who do not pass the exam on the first attempt will have one opportunity to remediate.

CERTIFICATION RENEWAL

- Renewal is required to maintain certification status every five years.
- Participants must complete a minimum of 8 hours from any CNS-Advanced Course every five years.
- Note: Practitioners who complete any CNS-Advanced Course will earn the designation "CNS-Advanced."

EDUCATIONAL LEVEL

The CNS-Advanced® Mental Health Certification Course is an advanced-level course. Participants are required to develop, design, and integrate complex treatment protocols by the end of the course. Participants are required to demonstrate competency by taking the Certification Exam at the end of the course.



TARGET AUDIENCE

The CNS-Advanced Mental Health Certification Course is exclusive to healthcare professionals who have completed the initial CNS Certification Course and have earned the CNS Certification.

The CNS-Advanced Mental Health Certification Course is intended for occupational therapists (OT), occupational therapy assistants (OTA), physical therapists (PT), & physical therapist assistants (PTA).

Other healthcare professionals interested in neuro-rehabilitation may be eligible to take the course. Please verify with your State or National Board for CEU eligibility.

CONTACT HOURS & CEUS

8 contact hours (0.8 AOTA CEUs) for Occupational Therapists and Occupational Therapy Assistants via the American Occupational Therapy Association (AOTA) Approved Provider Program; please see the list of participating states at www.aota.org.

The American Physical Therapy Association (APTA) does not pre-approve continuing education courses. Each individual participant is responsible for verifying CEU/PDU eligibility, and for submitting any required documentations to their State Board.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA or indicate AOTA approval of a certification or other professional recognition.

CONTACT HOURS: 8 hours (0.8 AOTA CEUs)
AOTA COURSE APPROVAL ID#: 17147



COURSE AGENDA

Topic	Time
Module 1 • Theoretical Frameworks • Foundations • Trauma-Informed Care • Barriers • Assessments	2 hr 11 min
Module 2 • Intervention Strategies • Basic Counseling Skills • Patient-Centered Care • Wellness • Cognitive Behavioral Therapy (CBT) • Mindfulness-Based Approaches • Motivational Interviewing (MI) • Managing Behavior • Sundowning Syndrome • Sensory Integration Approach • Exercise	4 hr 25 min
Module 3 • Pharmacology • Resources • Family & Social Systems • Additional Therapies • Case Studies	1 hr 25 min
Total Time	8 hr 1 min

INSTRUCTIONAL METHODS

Lectures, videos, step-by-step demonstrations, case studies, role-play, “lived experiences”



SPECIAL NEEDS & ACCOMMODATIONS

If participants require special needs or accommodations, please contact The Neuro Specialist Institute via email: info@neurospecialist.org.

CANCELLATION POLICY

Participants will have immediate access to course content; therefore, all sales are final. Participants are not eligible for a refund, even if they do not complete the course or pass the certification exam.

AGREEMENTS

By registering, participants agree to the **Important Information & Disclaimers, Terms & Conditions**, and **Privacy Policy**, accessible online at www.neurospecialist.org.

DISCLAIMERS

CNS® and CNS-Advanced® is a certification mark that is federally registered and protected by the United States Patent and Trademark Office (USPTO). All rights reserved.

The "CNS" and "CNS-Advanced" designations indicate that a healthcare practitioner has completed advanced-level training in neurological rehabilitation through a series of workshops/seminars, and has successfully passed a certification examination. Certification indicates that a person has met the specific requirements of the certification process, but is not a guarantee of any treatment processes, results, or outcomes. The "CNS" and "CNS-Advanced" designations do not expand a professional's scope of practice. It does not qualify a healthcare professional to offer or provide professional services without appropriate licensure or credentials.

The Neuro Specialist Institute shall not be liable for any loss, damage, injury, claim, or otherwise, whether an action in contract or tort and shall further not be liable for any lost profits, or direct, indirect, special, punitive, or consequential damages of any kind (including, without limitation, attorneys' fees and expenses).

The Neuro Specialist Institute reserves the right to screen applicants prior to registration in order to determine if they meet professional, legal, and ethical requirements. Only applicants in good standing (not subject to any sanction, suspension, or disciplinary censures) and without history of any legal/ethical/academic disciplinary actions will be given consideration to take any course by The Neuro Specialist Institute.



SPEAKER

Faith Palmer

OTD, OTR/L, CNS

Faith earned her undergraduate degree in Kinesiology from Azusa Pacific University in California and went on to receive her Doctor of Occupational Therapy from West Coast University in Los Angeles. She currently works at Casa Colina Hospital and Centers for Healthcare.

Beyond adult neurorehabilitation, Faith has experience in adult orthopedic care, along with clinical exposure to pediatric sensory and developmental disorders, feeding and eating disorders, and neurological conditions. Faith has developed the CNS-Advanced Mental Health Certification Course that promotes a more holistic approach to care. Faith is passionate about addressing gaps in clinical practice by supporting clinicians in understanding the complex interaction between neurological, psychological, sensory, and environmental factors that influence function and participation. Outside of her professional role, Faith enjoys fitness, travel, and community volunteering.

Speaker Disclosures:

Financial: Faith Palmer is compensated by The Neuro Specialist Institute as an instructor for the CNS-Advanced Certification Course.

Non-financial: Faith Palmer has no non-financial disclosures.

